

NANCY M. BEEHN, LMFT
“RISE ABOVE”

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 SAN DIEGO, CA. · COLUMBUS, TX

CA Licensed Marriage and Family Therapist #96209 Oct 22, 2016 - Current
 TX Licensed Marriage and Family Therapist #205144 July 31, 2023 - Current

Education

Master of Arts in Counseling Psychology: Aug 2008 - Jul 2013
 Marriage and Family Therapy
 Argosy University, San Diego, Ca

Bachelor of Arts in Psychology: Aug 2003 - Jan 2007
 Emphasis in Behavioral Neuroscience
 California State University, Northridge, Ca

Moorpark Community College Jun 1999 – Jun 2003
 Moorpark, Ca

Clinical Experience

Rise Above June 2024 - Current
 Owner/Clinician
 Columbus, Tx

- Specializing in children, adolescent and family therapy, ages 2-25, including Developmental disabilities, parent support, trauma, anxiety, depression, self harm, ADHD, OCD, Bipolar, and DMDD
- Theoretical orientations: CBT, ACT, MI, DBT, RRT, exposure, mindfulness, play and art therapy

Headway Therapy Group Oct 2018 - June 2024
 Supervising Clinician
 Encinitas, Ca

- Specializing in children, adolescent and family therapy, ages 2-25, including parent support living with ASD, trauma, anxiety, depression, self harm, ADHD, OCD, bipolar disorder, and DMDD
- Theoretical orientations: CBT, ACT, MI, DBT, RRT, exposure, mindfulness, play and art therapy
- Supervising and training MFT Associates obtaining hours towards licensure

Rise Above: Marriage and Family Therapy, Inc.

Feb Feb 2017 - Feb 2020

Owner/Clinician

San Diego, Ca.

- In-Home family and individual Therapist specializing in Autism, aggression, children and adolescents, developmental and cognitive disabilities of all ages
- Crisis prevention and intervention
- Theoretical orientations: ACT, CBT, MI, FCT, DBT, RRT, Bx Replacement, play and art therapy

Southland Mental Health Alliance

Aug 2013 - Current

CA IMFT #76648

San Diego, California

Supervisor: Stephen Prystash

3000 Clinical hours approved by CA BBS June 2016

- In-Home Behavioral Therapist vendored through San Diego Regional Center
- Provided education and consultation to families and staff working with developmental disabilities
- Presented lectures and materials on behavioral interventions to various group home staff

Practicum Experience*Burn Institute*

Jul 2012 – Mar 2013

San Diego, CA

Supervisor: Dr. Ronn Johnson, Ph.D. University of San Diego

- Educate and counsel burn survivors and juvenile fire-setters/bomb makers
- Presented "Fire Safe Kids" education lectures at various elementary schools throughout San Diego county

Related Work Experience*Brady Education Consulting*

Feb 2015 - Feb 2017

San Diego, Ca

- Special Education Advocate and Education Consulting
- In-Home Education
- Consulting: Tutoring, IEP Review, IEP Advocacy, Special Needs Services and Support (FCT), New Parent Classes

Peterson Adult Living Solutions

Apr 2010 – Dec 2010

La Mesa, Ca.

- Level 4I Adult Male Residential Facility Administrator
- CPI, CPR, First Aid

San Diego Center for Children June 2009 – Aug 2013

San Diego, Ca.

- Level 12/14 Children/Adolescent Residential facility
- Medication Technician
- Crisis Child Development Counselor
- CPI, CPR, First Aid

New Haven Youth and Family Services Feb 2009 - June 2009

Vista, CA

- Level 12/14 Boys Adolescent Residential facility
- Medication Technician
- Crisis Child Care Counselor
- CPI, CPR, First Aid

San Diego Unified School District Feb 2007 – Jan 2009

Special Education Substitute Aide

San Diego, CA

- Assisted in classrooms k-12 supporting students with a variety of developmental disabilities and learning styles

Casa Pacifica Mar 2006 – Sept 2006

Camarillo, CA

- Level 12/14 Children/Adolescent Residential facility
- Crisis Child Care Counselor
- PRO-ACT, CPI, CPR, First Aid

Traumatic Brain Injury Research Technician Jan 2005 – Jun 2006

Independent Living Center

Van Nuys, CA

- Worked with patients with diagnosed brain damage suffering from a variety of mental and behavioral challenges
- Performed a series of psychological tests to determine brain function before and after intervention
- Assisted in rescoring tests for accuracy and data input regarding statistical analysis

Supervisor: Dr. Maura Mitrushina Professor of Psychology, CSUN

Continuing Education

- | | |
|---|-----------|
| - Human Sexuality across the lifespan | 3/25/2025 |
| - Human Trafficking | 3/12/2025 |
| - ADHD in Children and Adolescence | 4/13/2024 |
| - California Law and Professional Ethics | 4/4/2024 |
| - Trauma and Attachment: Attachment Communication | 9/7/2023 |
| - Trauma and Attachment: Experiential Interventions | 8/11/2023 |

- Working With Core Beliefs of 'Never Good Enough' 7/25/2023
- Trauma and Attachment: Family Systems Interventions 7/17/2023
- Trauma and Attachment: Theory and practice 6/1/2023
- Texas Marriage and Family Therapist Jurisprudence 8/17/2022
- Sexual Harassment and Abuse Conduct Prevention 1/17/2022
- Assessment of Children: Cognitive Foundations:5th Edition 10/25/2021
- Treating Anxiety and OCD Quickly and Effectively 9/25/2021
- Supervision: A Guide for Mental Health Professionals 9/3/2021
- Sleep Disorders in Children and Adolescents 7/29/2021
- California Law and Ethics 7/28/2021
- Parental Alienation: An Intro to Multidimensional Diagnoses 4/16/2021
- The Gut-Brain Connection to Mental Health 9/28/2019
- Advanced Mindfulness Practitioner 5/31/2019
- HIPAA Investigation Repellant: Prevent Security Breaches 4/15/2019
- CA Ethics and Boundary Issues - 2018 3/7/2018
- ACT: Acceptance and Commitment Therapy Intensive 5 day 2/2017
- Art Therapy for Anxiety and Trauma 6/2/2016
- Child Abuse and Culture 4/4/2016
- Aging and Long Term Care 8/27/2015
- Evidence Based Guidelines for Treatment of PTSD 8/7/2015
- Human Sexuality 8/3/2015
- Guidelines for Treatment of PT Stress: Domestic Violence 8/2/2015
- Neurodevelopmental Disorders: Learning and Attention 8/2/2015
- CA Mandatory Abuse Reporting 8/2/2015
- CA Law and Ethics 8/2/2015
- Interviewing and Interrogation, Argosy Denver, Spring semester, 2013
- International Critical Incident Stress Foundation
 - Crisis Response Training for Mental Health Professionals 10/13/2012
 - ICISF Regional Conference, San Diego 2012
 - Psychotraumatology: A Cognitive Therapeutic Approach 12/2012
 - Crisis Care Counseling 10/2012
- Trauma and Children 05/2012
- Motivational Interviewing Certified 08/2011
- Veterans Association PTSD Counseling Certification Jan-July 2011
 - Physical Health Effects of Traumatic Exposure
 - PTSD General Cross-Cultural Considerations
 - Assessment of PTSD
 - Cognitive Behavioral Interventions for PTSD
 - Combat Stress Injuries
 - Neurobiology & Pharmacotherapy for PTSD
 - Overcoming Barriers to PTSD Trmt Engagement
 - Pharmacological Treatment of PTSD and Comorbid Conditions
 - PTSD & Families: Supporting Veterans, Returnees & Active Duty

- Windows to the Brain: Neuropsychiatry of TBI
- PTSD and Substance Abuse
- PTSD in Older Veterans: Emerging Issues
- Cross Cultural Issues: African Americans and Treatment Impact for PTSD

Research Experience

Johnson, R. (2013). Biopsychosociocultural Perspective on 'Operation Enduring Freedom/Operation Iraqi Freedom' Women Veterans as Civilian Police Officers: Mild Traumatic Brain Injury and Post-Traumatic Stress Disorder Challenges. *International Journal of Police Science & Management*, 15(1), 45–50. <https://doi.org/10.1350/ijps.2013.15.1.300>

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“Youthful Misuse of Fire: A Preliminary Evaluation of Parental Endorsement Rates in Item Overlap from the Fineman Parent Questionnaire and FEMA Juvenile Firesetting Intervention Handbook”

Ronn Johnson, Ph.D, A.B.P.P.1, Glenn Lipson Ph.D, A.B.P.P.2, **Nancy Beehn, B.A.3**, Genevieve Bartuski, M.Sc.2, Michelle Kellogg, B.A.2, Patricia Jones, M.A.2

1 University of San Diego, 2 California School of Forensic Studies, 3 **Argosy University**

Juvenile Firesetter Data Collection, Analysis and Poster Presentation at the Forensic Mental Health Conference

March 2013

Teaching Experience

Student Teacher for USD Counseling 530 Assessment Lab (Data collection and analysis)
Aug 2012 – Dec 2012

University of San Diego, San Diego, Ca

Supervisor: Dr. Ronn Johnson

- Taught over 100 students the process of organizing, analyzing and evaluating data
- Presented partial data results at the California Forensics Conference, March 2013

Navy Marine Corps Relief Society

2011 – 2013

Marine Corps Air Station

San Diego, Ca

- Taught weekly “Budget for Baby” classes for expectant military service members
- Provided budget and financial counseling for military families

California State University, Northridge (CSUN)

Sept 2006 – June 2007

- Teaching assistant for Brain and Behavior lecture and lab

Moorpark Community College

Aug 2001 – Sept 2006

Supplemental Instructor/Teacher's Assistant

Moorpark, Ca

- Worked as a supplemental instructor (SI) for the behavioral neurosciences, Introduction to Psychology, Physical and Cultural Anthropology
- Organized and led bi-weekly study groups for the behavioral neuroscience classes
- Psychology Teaching Internship: Community College Psychology Pedagogy
 - “Teaching styles to match various learning styles”
 - Trained in grading, test prep, and lecture prep
 - Independently presented lectures

Volunteer Experience

The Church of Jesus Christ of Latter Day Saints: 2006 - 2022
Child and Youth Enrichment Program

Navy Marine Corp Relief Society (NMCRS) 2011 – 2013
Miramar Marine Corps Air Station
San Diego, Ca.

Honors and Awards

- Navy Marine Corps Relief Society, Miramar
April 27, 2012
- Undergraduate Quantitative Award for Research Contributed in Traumatic Brain Injury, CSUN, May 2007
- Honorable Mention of the Richard Coleman Award for Exceptional Record of Service to the Department of Psychology, CSUN, June 2006
- Member PSY CHI National Honor Society, 2006
- Member CSUN Honor Society for Personal Achievement, 2006
- National Chancellor's List Recipient, 2005 - 2006
- National Dean's List Recipient, 2004 - 2005
- CSUN Dean's List Recipient, 2005

Affiliations

- California Association of Marriage and Family Therapists
- International Association for Counseling
- Forensic Mental Health Association of California
- American Psychological Association
- Western Psychology Association
- National Foundation for Autism Research
- American Autism Society, San Diego Chapter