

**NANCY M. BEEHN-BRADY, LMFT**  
**“RISE ABOVE”**

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 SAN DIEGO, CA. · COLUMBUS, TX  
 RISEABOVEWITHNANCYB.COM

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CA Licensed Marriage and Family Therapist #96209 Oct 22, 2016 - Current  
 TX Licensed Marriage and Family Therapist #205144 July 31, 2023 - Current

**Education**

Master of Arts in Clinical and Counseling Psychology: Aug 2008 - Jul 2013  
 Marriage and Family Therapy  
 Argosy University, San Diego, Ca

Bachelor of Arts in Psychology: Aug 2003 - Jan 2007  
 Emphasis in Behavioral Neuroscience  
 California State University, Northridge, Ca

Moorpark Community College Jun 1999 – Jun 2003  
 Moorpark, Ca

**Clinical Experience**

“Rise Above” with Nancy B June 2024 - Current  
 Owner/Clinician  
 Columbus, Tx

- Specializing in children, adolescent and family therapy, ages 2-25, including Developmental disabilities, parent support, trauma, anxiety, depression, self harm, ADHD, OCD, Bipolar, and DMDD
- Theoretical orientations: CBT, ACT, MI, DBT, RRT, exposure, mindfulness, play and art therapy

*Headway Therapy Group* Oct 2018 - June 2024  
 Supervising Clinician  
 Encinitas, Ca

- Specializing in children, adolescent and family therapy, ages 2-25, including parent support living with ASD, trauma, anxiety, depression, self harm, ADHD, OCD, bipolar disorder, and DMDD
- Theoretical orientations: CBT, ACT, MI, DBT, RRT, exposure, mindfulness, play and art therapy
- Supervising and training MFT Associates obtaining hours towards licensure

*Rise Above: Marriage and Family Therapy, Inc.*

Feb Feb 2017 - Feb 2020

Owner/Clinician

San Diego, Ca.

- In-Home family and individual Therapist specializing in Autism, aggression, children and adolescents, developmental and cognitive disabilities of all ages
- Crisis prevention and intervention
- Theoretical orientations: ACT, CBT, MI, FCT, DBT, RRT, Bx Replacement, play and art therapy

*Southland Mental Health Alliance*

Aug 2013 - Current

CA IMFT #76648

San Diego, California

Supervisor: Stephen Prystash

3000 Clinical hours approved by CA BBS June 2016

- In-Home Behavioral Therapist vendored through San Diego Regional Center servicing San Diego County
- Provided education and consultation to families and staff working with developmental Disabilities throughout San Diego County
- Presented lectures and materials on behavioral interventions to various group home staff on Best Practices

**Practicum Experience***Burn Institute*

Jul 2012 – Mar 2013

San Diego, CA

Supervisor: Dr. Ronn Johnson, Ph.D. University of San Diego

- Educate and counsel burn survivors and juvenile fire-setters/bomb makers
- Presented "Fire Safe Kids" education lectures at various elementary schools throughout San Diego county
- Research Experience (see below)
- Teaching Experience (see below)

**Related Work Experience**

- Brady Education Consulting* Feb 2015 - Feb 2017  
San Diego, Ca
- Special Education Advocate and Education Consulting
  - In-Home Education
  - Consulting: Tutoring, IEP Review, IEP Advocacy, Special Needs Services and Support (FCT), New Parent Classes
- Peterson Adult Living Solutions* Apr 2010 – Dec 2010  
La Mesa, Ca.
- Level 4I Adult Male Residential Facility Administrator
  - CPI, CPR, First Aid
- San Diego Center for Children* June 2009 – Aug 2013  
San Diego, Ca.
- Level 12/14 Children/Adolescent Residential facility
  - Medication Technician
  - Crisis Child Development Counselor
  - CPI, CPR, First Aid
- New Haven Youth and Family Services* Feb 2009 - June 2009  
Vista, CA
- Level 12/14 Boys Adolescent Residential facility
  - Medication Technician
  - Crisis Child Care Counselor
  - CPI, CPR, First Aid
- San Diego Unified School District* Feb 2007 – Jan 2009  
Special Education Substitute Aide  
San Diego, CA
- Assisted in classrooms k-12 supporting students with a variety of developmental disabilities and learning styles
- Casa Pacifica* Mar 2006 – Sept 2006  
Camarillo, CA
- Level 12/14 Children/Adolescent Residential facility
  - Crisis Child Care Counselor
  - PRO-ACT, CPI, CPR, First Aid

**Continuing Education**

- Telemental Health Practice 04/21/2026
- California Law and Professional Ethics
- Clinical Psychopharmacology for Children and Adolescents 10/09/2025
- Clinical Psychopharmacology for Adults 10/08/2025
- DSM-5-TR: A Comprehensive Overview 10/08/2025
- Human Sexuality across the lifespan 03/25/2025
- Human Trafficking 03/12/2025
- ADHD in Children and Adolescence 04/13/2024
- California Law and Professional Ethics 04/04/2024
- Trauma and Attachment: Attachment Communication 09/07/2023
- Trauma and Attachment: Experiential Interventions 08/11/2023
- Working With Core Beliefs of 'Never Good Enough' 07/25/2023
- Trauma and Attachment: Family Systems Interventions 07/17/2023
- Trauma and Attachment: Theory and practice 06/01/2023
- Texas Marriage and Family Therapist Jurisprudence 08/17/2022
- Sexual Harassment and Abuse Conduct Prevention 01/17/2022
- Assessment of Children: Cognitive Foundations:5th Edition 10/25/2021
- Treating Anxiety and OCD Quickly and Effectively 09/25/2021
- Supervision: A Guide for Mental Health Professionals 09/03/2021
- Sleep Disorders in Children and Adolescents 07/29/2021
- California Law and Ethics 07/28/2021
- Parental Alienation: An Intro to Multidimensional Diagnoses 04/16/2021
- The Gut-Brain Connection to Mental Health 09/28/2019
- Advanced Mindfulness Practitioner 05/31/2019
- HIPAA Investigation Repellant: Prevent Security Breaches 04/15/2019
- CA Ethics and Boundary Issues - 2018 03/07/2018
- ACT: Acceptance and Commitment Therapy Intensive 5 day 02/2017
- Art Therapy for Anxiety and Trauma 06/02/2016
- Child Abuse and Culture 04/04/2016
- Aging and Long Term Care 08/27/2015
- Evidence Based Guidelines for Treatment of PTSD 08/07/2015
- Human Sexuality 08/03/2015
- Guidelines for Treatment of PT Stress: Domestic Violence 08/02/2015
- Neurodevelopmental Disorders: Learning and Attention 08/02/2015
- CA Mandatory Abuse Reporting 08/02/2015
- CA Law and Ethics 08/02/2015
- Interviewing and Interrogation, Argosy Denver Spring2013
- International Critical Incident Stress Foundation
  - Crisis Response Training for Mental Health Professionals 10/13/2012
  - ICISF Regional Conference, San Diego Spring2012
  - Psychotraumatology: A Cognitive Therapeutic Approach 12/2012
  - Crisis Care Counseling 10/2012

- Trauma and Children 05/2012
- Motivational Interviewing Certified 08/2011
- Veterans Association PTSD Counseling Certification Jan-July 2011
  - Physical Health Effects of Traumatic Exposure
  - PTSD General Cross-Cultural Considerations
  - Assessment of PTSD
  - Cognitive Behavioral Interventions for PTSD
  - Combat Stress Injuries
  - Neurobiology & Pharmacotherapy for PTSD
  - Overcoming Barriers to PTSD Trmt Engagement
  - Pharmacological Treatment of PTSD and Comorbid Conditions
  - PTSD & Families: Supporting Veterans, Returnees & Active Duty
  - Windows to the Brain: Neuropsychiatry of TBI
  - PTSD and Substance Abuse
  - PTSD in Older Veterans: Emerging Issues
  - Cross Cultural Issues: African Americans and Treatment Impact for PTSD

### **Research Experience**

Johnson, R. (2013). Biopsychosociocultural Perspective on ‘Operation Enduring Freedom/Operation Iraqi Freedom’ Women Veterans as Civilian Police Officers: Mild Traumatic Brain Injury and Post-Traumatic Stress Disorder Challenges. *International Journal of Police Science & Management*, 15(1), 45–50. <https://doi.org/10.1350/ijps.2013.15.1.300>

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“Youthful Misuse of Fire: A Preliminary Evaluation of Parental Endorsement Rates in Item Overlap from the Fineman Parent Questionnaire and FEMA Juvenile Firesetting Intervention Handbook”

Ronn Johnson, Ph.D, A.B.P.P.1, Glenn Lipson Ph.D, A.B.P.P.2, **Nancy Beehn, B.A.3**, Genevieve Bartuski, M.Sc.2, Michelle Kellogg, B.A.2, Patricia Jones, M.A.2

1 University of San Diego, 2 California School of Forensic Studies, 3 **Argosy University**

Juvenile Firesetter Data Collection, Analysis and Poster Presentation at the Forensic Mental Health Conference

March 2013

*Traumatic Brain Injury Research Technician*

Jan 2005 – Jun 2006

Independent Living Center

Van Nuys, CA

- Worked with patients with diagnosed brain damage suffering from a variety of mental and behavioral challenges
- Performed a series of psychological tests to determine brain function before and after intervention
- Assisted in rescoring tests for accuracy and data input regarding statistical analysis

Supervisor: Dr. Maura Mitrushina Professor of Psychology, CSUN

### **Teaching Experience**

Student Teacher for USD Counseling 530 Assessment Lab (Data collection and analysis)

Aug 2012 – Dec 2012

University of San Diego, San Diego, Ca

Supervisor: Dr. Ronn Johnson

- Taught over 100 students the process of organizing, analyzing and evaluating data
- Presented partial data results at the California Forensics Conference, March 2013

Navy Marine Corps Relief Society

2011 – 2013

Marine Corps Air Station

San Diego, Ca

- Taught weekly “Budget for Baby” classes for expectant military service members
- Provided budget and financial counseling for military families

California State University, Northridge (CSUN)

Sept 2006 – June 2007

- Teaching assistant for Brain and Behavior lecture and lab

Moorpark Community College

Aug 2001 – Sept 2006

Supplemental Instructor/Teacher's Assistant

Moorpark, Ca

- Worked as a supplemental instructor (SI) for the behavioral neurosciences, Introduction to Psychology, Physical and Cultural Anthropology
- Organized and led bi-weekly study groups for the behavioral neuroscience classes
- Psychology Teaching Internship: Community College Psychology Pedagogy
  - “Teaching styles to match various learning styles”
  - Trained in grading, test prep, and lecture prep
  - Independently presented lectures

### **Volunteer Experience**

The Church of Jesus Christ of Latter Day Saints:

2006 - 2022

Child and Youth Enrichment Program

Navy Marine Corp Relief Society (NMCRS)

2011 – 2013

Miramar Marine Corps Air Station

San Diego, Ca.

**Honors and Awards**

- Navy Marine Corps Relief Society, Miramar  
April 27, 2012
- Undergraduate Quantitative Award for Research Contributed in Traumatic Brain Injury,  
CSUN, May 2007
- Honorable Mention of the Richard Coleman Award for Exceptional Record of Service  
to the Department of Psychology, CSUN, June 2006
- Member PSY CHI National Honor Society, 2006
- Member CSUN Honor Society for Personal Achievement, 2006
- National Chancellor's List Recipient, 2005 - 2006
- National Dean's List Recipient, 2004 - 2005
- CSUN Dean's List Recipient, 2005

**Previous Affiliations**

- California Association of Marriage and Family Therapists
- International Association for Counseling
- Forensic Mental Health Association of California
- American Psychological Association
- Western Psychology Association
- National Foundation for Autism Research
- American Autism Society, San Diego Chapter