

**NANCY M. BEEHN, LMFT**  
**“RISE ABOVE”**

**(979) 451-6557 · NANCYB.RISEABOVE@GMAIL.COM**  
**SAN DIEGO, CA. · COLUMBUS, TX**

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CA Licensed Marriage and Family Therapist #96209	Oct 22, 2016 - Current
TX Licensed Marriage and Family Therapist #205144	July 31, 2023 - Current

**Education**

Master of Arts in Clinical and Counseling Psychology: Marriage and Family Therapy Argosy University, San Diego, Ca	Aug 2008 - Jul 2013
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Bachelor of Arts in Psychology: Emphasis in Behavioral Neuroscience California State University, Northridge, Ca	Aug 2003 - Jan 2007
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Moorpark Community College Moorpark, Ca	Jun 1999 – Jun 2003
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**Clinical Experience**

“Rise Above” with Nancy B Owner/Clinician Columbus, Tx	June 2024 - Current
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- Specializing in children, adolescent and family therapy, ages 2-25, including Developmental disabilities, parent support, trauma, anxiety, depression, self harm, ADHD, OCD, Bipolar, and DMDD
- Theoretical orientations: CBT, ACT, MI, DBT, RRT, exposure, mindfulness, play and art therapy

Headway Therapy Group Supervising Clinician Encinitas, Ca	Oct 2018 - June 2024
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- Specializing in children, adolescent and family therapy, ages 2-25, including parent support living with ASD, trauma, anxiety, depression, self harm, ADHD, OCD, bipolar disorder, and DMDD
- Theoretical orientations: CBT, ACT, MI, DBT, RRT, exposure, mindfulness, play and art therapy
- Supervising and training MFT Associates obtaining hours towards licensure

*Rise Above: Marriage and Family Therapy, Inc.* Feb Feb 2017 - Feb 2020  
Owner/Clinician  
San Diego, Ca.  
- In-Home family and individual Therapist specializing in Autism, aggression, children and adolescents, developmental and cognitive disabilities of all ages  
- Crisis prevention and intervention  
- Theoretical orientations: ACT, CBT, MI, FCT, DBT, RRT, Bx Replacement, play and art therapy

*Southland Mental Health Alliance* Aug 2013 - Current  
CA IMFT #76648  
San Diego, California  
Supervisor: Stephen Prystash  
3000 Clinical hours approved by CA BBS June 2016  
- In-Home Behavioral Therapist vendored through San Diego Regional Center servicing San Diego County  
- Provided education and consultation to families and staff working with developmental Disabilities throughout San Diego County  
- Presented lectures and materials on behavioral interventions to various group home staff on Best Practices

### **Practicum Experience**

*Burn Institute* Jul 2012 – Mar 2013  
San Diego, CA  
Supervisor: Dr. Ronn Johnson, Ph.D. University of San Diego  
- Educate and counsel burn survivors and juvenile fire-setters/bomb makers  
- Presented “Fire Safe Kids” education lectures at various elementary schools throughout San Diego county  
- Research Experience (see below)  
- Teaching Experience (see below)

### **Related Work Experience**

*Brady Education Consulting*

Feb 2015 - Feb 2017

San Diego, Ca

- Special Education Advocate and Education Consulting
- In-Home Education
- Consulting: Tutoring, IEP Review, IEP Advocacy, Special Needs Services and Support (FCT), New Parent Classes

*Peterson Adult Living Solutions*

Apr 2010 – Dec 2010

La Mesa, Ca.

- Level 4I Adult Male Residential Facility Administrator
- CPI, CPR, First Aid

*San Diego Center for Children*

June 2009 – Aug 2013

San Diego, Ca.

- Level 12/14 Children/Adolescent Residential facility
- Medication Technician
- Crisis Child Development Counselor
- CPI, CPR, First Aid

*New Haven Youth and Family Services*

Feb 2009 - June 2009

Vista, CA

- Level 12/14 Boys Adolescent Residential facility
- Medication Technician
- Crisis Child Care Counselor
- CPI, CPR, First Aid

*San Diego Unified School District*

Feb 2007 – Jan 2009

Special Education Substitute Aide

San Diego, CA

- Assisted in classrooms k-12 supporting students with a variety of developmental disabilities and learning styles

*Casa Pacifica*

Mar 2006 – Sept 2006

Camarillo, CA

- Level 12/14 Children/Adolescent Residential facility
- Crisis Child Care Counselor
- PRO-ACT, CPI, CPR, First Aid

## Continuing Education

- Clinical Psychopharmacology for Children and Adolescents 10/9/2025
- Clinical Psychopharmacology for Adults 10/8/2025
- DSM-5-TR: A Comprehensive Overview 10/8/2025
- Human Sexuality across the lifespan 3/25/2025
- Human Trafficking 3/12/2025
- ADHD in Children and Adolescence 4/13/2024
- California Law and Professional Ethics 4/4/2024
- Trauma and Attachment: Attachment Communication 9/7/2023
- Trauma and Attachment: Experiential Interventions 8/11/2023
- Working With Core Beliefs of 'Never Good Enough' 7/25/2023
- Trauma and Attachment: Family Systems Interventions 7/17/2023
- Trauma and Attachment: Theory and practice 6/1/2023
- Texas Marriage and Family Therapist Jurisprudence 8/17/2022
- Sexual Harassment and Abuse Conduct Prevention 1/17/2022
- Assessment of Children: Cognitive Foundations:5th Edition 10/25/2021
- Treating Anxiety and OCD Quickly and Effectively 9/25/2021
- Supervision: A Guide for Mental Health Professionals 9/3/2021
- Sleep Disorders in Children and Adolescents 7/29/2021
- California Law and Ethics 7/28/2021
- Parental Alienation: An Intro to Multidimensional Diagnoses 4/16/2021
- The Gut-Brain Connection to Mental Health 9/28/2019
- Advanced Mindfulness Practitioner 5/31/2019
- HIPAA Investigation Repellant: Prevent Security Breaches 4/15/2019
- CA Ethics and Boundary Issues - 2018 3/7/2018
- ACT: Acceptance and Commitment Therapy Intensive 5 day 2/2017
- Art Therapy for Anxiety and Trauma 6/2/2016
- Child Abuse and Culture 4/4/2016
- Aging and Long Term Care 8/27/2015
- Evidence Based Guidelines for Treatment of PTSD 8/7/2015
- Human Sexuality 8/3/2015
- Guidelines for Treatment of PT Stress: Domestic Violence 8/2/2015
- Neurodevelopmental Disorders: Learning and Attention 8/2/2015
- CA Mandatory Abuse Reporting 8/2/2015
- CA Law and Ethics 8/2/2015
- Interviewing and Interrogation, Argosy Denver, Spring semester, 2013
- International Critical Incident Stress Foundation
  - Crisis Response Training for Mental Health Professionals 10/13/2012
  - ICISF Regional Conference, San Diego 2012
  - Psychotraumatology: A Cognitive Therapeutic Approach 12/2012
  - Crisis Care Counseling 10/2012
- Trauma and Children 05/2012
- Motivational Interviewing Certified 08/2011

- Veterans Association PTSD Counseling Certification Jan-July 2011
- Physical Health Effects of Traumatic Exposure
- PTSD General Cross-Cultural Considerations
- Assessment of PTSD
- Cognitive Behavioral Interventions for PTSD
- Combat Stress Injuries
- Neurobiology & Pharmacotherapy for PTSD
- Overcoming Barriers to PTSD Trmt Engagement
- Pharmacological Treatment of PTSD and Comorbid Conditions
- PTSD & Families: Supporting Veterans, Returnees & Active Duty
- Windows to the Brain: Neuropsychiatry of TBI
- PTSD and Substance Abuse
- PTSD in Older Veterans: Emerging Issues
- Cross Cultural Issues: African Americans and Treatment Impact for PTSD

### **Research Experience**

Johnson, R. (2013). Biopsychosociocultural Perspective on 'Operation Enduring Freedom/Operation Iraqi Freedom' Women Veterans as Civilian Police Officers: Mild Traumatic Brain Injury and Post-Traumatic Stress Disorder Challenges. *International Journal of Police Science & Management*, 15(1), 45–50. <https://doi.org/10.1350/ijps.2013.15.1.300>

### **ACKNOWLEDGEMENT**

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"Youthful Misuse of Fire: A Preliminary Evaluation of Parental Endorsement Rates in Item Overlap from the Fineman Parent Questionnaire and FEMA Juvenile Firesetting Intervention Handbook"

Ronn Johnson, Ph.D, A.B.P.P.1, Glenn Lipson Ph.D, A.B.P.P.2, **Nancy Beehn, B.A.3**, Genevieve Bartuski, M.Sc.2, Michelle Kellogg, B.A.2, Patricia Jones, M.A.2  
1 University of San Diego, 2 California School of Forensic Studies, 3 **Argosy University**  
Juvenile Firesetter Data Collection, Analysis and Poster Presentation at the Forensic Mental Health Conference  
March 2013

*Traumatic Brain Injury Research Technician* Jan 2005 – Jun 2006

Independent Living Center

Van Nuys, CA

- Worked with patients with diagnosed brain damage suffering from a variety of mental and behavioral challenges
- Performed a series of psychological tests to determine brain function before and after intervention
- Assisted in rescoreing tests for accuracy and data input regarding statistical analysis

Supervisor: Dr. Maura Mitrushina Professor of Psychology, CSUN

### **Teaching Experience**

Student Teacher for USD Counseling 530 Assessment Lab (Data collection and analysis)

Aug 2012 – Dec 2012

University of San Diego, San Diego, Ca

Supervisor: Dr. Ronn Johnson

- Taught over 100 students the process of organizing, analyzing and evaluating data
- Presented partial data results at the California Forensics Conference, March 2013

Navy Marine Corps Relief Society 2011 – 2013

Marine Corps Air Station

San Diego, Ca

- Taught weekly “Budget for Baby” classes for expectant military service members
- Provided budget and financial counseling for military families

California State University, Northridge (CSUN) Sept 2006 – June 2007

- Teaching assistant for Brain and Behavior lecture and lab

Moorpark Community College Aug 2001 – Sept 2006

Supplemental Instructor/Teacher's Assistant

Moorpark, Ca

- Worked as a supplemental instructor (SI) for the behavioral neurosciences, Introduction to Psychology, Physical and Cultural Anthropology
- Organized and led bi-weekly study groups for the behavioral neuroscience classes
- Psychology Teaching Internship: Community College Psychology Pedagogy
  - “Teaching styles to match various learning styles”
  - Trained in grading, test prep, and lecture prep
  - Independently presented lectures

### **Volunteer Experience**

The Church of Jesus Christ of Latter Day Saints: 2006 - 2022

Child and Youth Enrichment Program

Navy Marine Corp Relief Society (NMCRS) 2011 – 2013

Miramar Marine Corps Air Station

San Diego, Ca.

**Honors and Awards**

- Navy Marine Corps Relief Society, Miramar  
April 27, 2012
- Undergraduate Quantitative Award for Research Contributed in Traumatic Brain Injury, CSUN, May 2007
- Honorable Mention of the Richard Coleman Award for Exceptional Record of Service to the Department of Psychology, CSUN, June 2006
- Member PSY CHI National Honor Society, 2006
- Member CSUN Honor Society for Personal Achievement, 2006
- National Chancellor's List Recipient, 2005 - 2006
- National Dean's List Recipient, 2004 - 2005
- CSUN Dean's List Recipient, 2005

**Previous Affiliations**

- California Association of Marriage and Family Therapists
- International Association for Counseling
- Forensic Mental Health Association of California
- American Psychological Association
- Western Psychology Association
- National Foundation for Autism Research
- American Autism Society, San Diego Chapter