

NANCY M. BEEHN, LMFT

“RISE ABOVE”

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SAN DIEGO, CA. · COLUMBUS, TX

CA Licensed Marriage and Family Therapist #96209	Oct 22, 2016 - Current
TX Licensed Marriage and Family Therapist #205144	July 31, 2023 - Current

Education

Master of Arts in Clinical and Counseling Psychology: Marriage and Family Therapy Argosy University, San Diego, Ca	Aug 2008 - Jul 2013
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Bachelor of Arts in Psychology: Emphasis in Behavioral Neuroscience California State University, Northridge, Ca	Aug 2003 - Jan 2007
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Moorpark Community College Moorpark, Ca	Jun 1999 – Jun 2003
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Clinical Experience

“Rise Above” with Nancy B Owner/Clinician Columbus, Tx	June 2024 - Current
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- Specializing in children, adolescent and family therapy, ages 2-25, including Developmental disabilities, parent support, trauma, anxiety, depression, self harm, ADHD, OCD, Bipolar, and DMDD
- Theoretical orientations: CBT, ACT, MI, DBT, RRT, exposure, mindfulness, play and art therapy

Headway Therapy Group Supervising Clinician Encinitas, Ca	Oct 2018 - June 2024
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- Specializing in children, adolescent and family therapy, ages 2-25, including parent support living with ASD, trauma, anxiety, depression, self harm, ADHD, OCD, bipolar disorder, and DMDD
- Theoretical orientations: CBT, ACT, MI, DBT, RRT, exposure, mindfulness, play and art therapy
- Supervising and training MFT Associates obtaining hours towards licensure

Rise Above: Marriage and Family Therapy, Inc.

Feb Feb 2017 - Feb 2020

Owner/Clinician

San Diego, Ca.

- In-Home family and individual Therapist specializing in Autism, aggression, children and adolescents, developmental and cognitive disabilities of all ages
- Crisis prevention and intervention
- Theoretical orientations: ACT, CBT, MI, FCT, DBT, RRT, Bx Replacement, play and art therapy

Southland Mental Health Alliance

Aug 2013 - Current

CA IMFT #76648

San Diego, California

Supervisor: Stephen Prystash

3000 Clinical hours approved by CA BBS June 2016

- In-Home Behavioral Therapist vendored through San Diego Regional Center servicing San Diego County
- Provided education and consultation to families and staff working with developmental Disabilities throughout San Diego County
- Presented lectures and materials on behavioral interventions to various group home staff on Best Practices

Practicum Experience*Burn Institute*

Jul 2012 – Mar 2013

San Diego, CA

Supervisor: Dr. Ronn Johnson, Ph.D. University of San Diego

- Educate and counsel burn survivors and juvenile fire-setters/bomb makers
- Presented "Fire Safe Kids" education lectures at various elementary schools throughout San Diego county
- Research Experience (see below)
- Teaching Experience (see below)

Related Work Experience***Brady Education Consulting***

Feb 2015 - Feb 2017

San Diego, Ca

- Special Education Advocate and Education Consulting
- In-Home Education
- Consulting: Tutoring, IEP Review, IEP Advocacy, Special Needs Services and Support (FCT), New Parent Classes

Peterson Adult Living Solutions

Apr 2010 – Dec 2010

La Mesa, Ca.

- Level 4I Adult Male Residential Facility Administrator
- CPI, CPR, First Aid

San Diego Center for Children

June 2009 – Aug 2013

San Diego, Ca.

- Level 12/14 Children/Adolescent Residential facility
- Medication Technician
- Crisis Child Development Counselor
- CPI, CPR, First Aid

New Haven Youth and Family Services

Feb 2009 - June 2009

Vista, CA

- Level 12/14 Boys Adolescent Residential facility
- Medication Technician
- Crisis Child Care Counselor
- CPI, CPR, First Aid

San Diego Unified School District

Feb 2007 – Jan 2009

Special Education Substitute Aide

San Diego, CA

- Assisted in classrooms k-12 supporting students with a variety of developmental disabilities and learning styles

Casa Pacifica

Mar 2006 – Sept 2006

Camarillo, CA

- Level 12/14 Children/Adolescent Residential facility
- Crisis Child Care Counselor
- PRO-ACT, CPI, CPR, First Aid

Continuing Education

- Clinical Psychopharmacology for Children and Adolescents	10/9/2025
- Clinical Psychopharmacology for Adults	10/8/2025
- DSM-5-TR: A Comprehensive Overview	10/8/2025
- Human Sexuality across the lifespan	3/25/2025
- Human Trafficking	3/12/2025
- ADHD in Children and Adolescence	4/13/2024
- California Law and Professional Ethics	4/4/2024
- Trauma and Attachment: Attachment Communication	9/7/2023
- Trauma and Attachment: Experiential Interventions	8/11/2023
- Working With Core Beliefs of 'Never Good Enough'	7/25/2023
- Trauma and Attachment: Family Systems Interventions	7/17/2023
- Trauma and Attachment: Theory and practice	6/1/2023
- Texas Marriage and Family Therapist Jurisprudence	8/17/2022
- Sexual Harassment and Abuse Conduct Prevention	1/17/2022
- Assessment of Children: Cognitive Foundations:5th Edition	10/25/2021
- Treating Anxiety and OCD Quickly and Effectively	9/25/2021
- Supervision: A Guide for Mental Health Professionals	9/3/2021
- Sleep Disorders in Children and Adolescents	7/29/2021
- California Law and Ethics	7/28/2021
- Parental Alienation: An Intro to Multidimensional Diagnoses	4/16/2021
- The Gut-Brain Connection to Mental Health	9/28/2019
- Advanced Mindfulness Practitioner	5/31/2019
- HIPAA Investigation Repellant: Prevent Security Breaches	4/15/2019
- CA Ethics and Boundary Issues - 2018	3/7/2018
- ACT: Acceptance and Commitment Therapy Intensive 5 day	2/2017
- Art Therapy for Anxiety and Trauma	6/2/2016
- Child Abuse and Culture	4/4/2016
- Aging and Long Term Care	8/27/2015
- Evidence Based Guidelines for Treatment of PTSD	8/7/2015
- Human Sexuality	8/3/2015
- Guidelines for Treatment of PT Stress: Domestic Violence	8/2/2015
- Neurodevelopmental Disorders: Learning and Attention	8/2/2015
- CA Mandatory Abuse Reporting	8/2/2015
- CA Law and Ethics	8/2/2015
- Interviewing and Interrogation, Argosy Denver, Spring semester,	2013
- International Critical Incident Stress Foundation	
- Crisis Response Training for Mental Health Professionals	10/13/2012
- ICISF Regional Conference, San Diego	2012
- Psychotraumatology: A Cognitive Therapeutic Approach	12/2012
- Crisis Care Counseling	10/2012
- Trauma and Children	05/2012
- Motivational Interviewing Certified	08/2011

- Veterans Association PTSD Counseling Certification Jan-July 2011
 - Physical Health Effects of Traumatic Exposure
 - PTSD General Cross-Cultural Considerations
 - Assessment of PTSD
 - Cognitive Behavioral Interventions for PTSD
 - Combat Stress Injuries
 - Neurobiology & Pharmacotherapy for PTSD
 - Overcoming Barriers to PTSD Trmt Engagement
 - Pharmacological Treatment of PTSD and Comorbid Conditions
 - PTSD & Families: Supporting Veterans, Returnees & Active Duty
 - Windows to the Brain: Neuropsychiatry of TBI
 - PTSD and Substance Abuse
 - PTSD in Older Veterans: Emerging Issues
 - Cross Cultural Issues: African Americans and Treatment Impact for PTSD

Research Experience

Johnson, R. (2013). Biopsychosociocultural Perspective on 'Operation Enduring Freedom/Operation Iraqi Freedom' Women Veterans as Civilian Police Officers: Mild Traumatic Brain Injury and Post-Traumatic Stress Disorder Challenges. *International Journal of Police Science & Management*, 15(1), 45–50. <https://doi.org/10.1350/ijps.2013.15.1.300>

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“Youthful Misuse of Fire: A Preliminary Evaluation of Parental Endorsement Rates in Item Overlap from the Fineman Parent Questionnaire and FEMA Juvenile Firesetting Intervention Handbook”

Ronn Johnson, Ph.D, A.B.P.P.1, Glenn Lipson Ph.D, A.B.P.P.2, **Nancy Beehn, B.A.3**, Genevieve Bartuski, M.Sc.2, Michelle Kellogg, B.A.2, Patricia Jones, M.A.2

1 University of San Diego, 2 California School of Forensic Studies, **3 Argosy University**

Juvenile Firesetter Data Collection, Analysis and Poster Presentation at the Forensic Mental Health Conference

March 2013

Traumatic Brain Injury Research Technician

Jan 2005 – Jun 2006

Independent Living Center

Van Nuys, CA

- Worked with patients with diagnosed brain damage suffering from a variety of mental and behavioral challenges
- Performed a series of psychological tests to determine brain function before and after intervention
- Assisted in rescoring tests for accuracy and data input regarding statistical analysis

Supervisor: Dr. Maura Mitrushina Professor of Psychology, CSUN

Teaching Experience

Student Teacher for USD Counseling 530 Assessment Lab (Data collection and analysis)

Aug 2012 – Dec 2012

University of San Diego, San Diego, Ca

Supervisor: Dr. Ronn Johnson

- Taught over 100 students the process of organizing, analyzing and evaluating data
- Presented partial data results at the California Forensics Conference, March 2013

Navy Marine Corps Relief Society

2011 – 2013

Marine Corps Air Station

San Diego, Ca

- Taught weekly “Budget for Baby” classes for expectant military service members
- Provided budget and financial counseling for military families

California State University, Northridge (CSUN)

Sept 2006 – June 2007

- Teaching assistant for Brain and Behavior lecture and lab

Moorpark Community College

Aug 2001 – Sept 2006

Supplemental Instructor/Teacher's Assistant

Moorpark, Ca

- Worked as a supplemental instructor (SI) for the behavioral neurosciences, Introduction to Psychology, Physical and Cultural Anthropology
- Organized and led bi-weekly study groups for the behavioral neuroscience classes
- Psychology Teaching Internship: Community College Psychology Pedagogy
 - “Teaching styles to match various learning styles”
 - Trained in grading, test prep, and lecture prep
 - Independently presented lectures

Volunteer Experience

The Church of Jesus Christ of Latter Day Saints:

2006 - 2022

Child and Youth Enrichment Program

Navy Marine Corp Relief Society (NMCRS)

2011 – 2013

Miramar Marine Corps Air Station

San Diego, Ca.

Honors and Awards

- Navy Marine Corps Relief Society, Miramar
April 27, 2012
- Undergraduate Quantitative Award for Research Contributed in Traumatic Brain Injury,
CSUN, May 2007
- Honorable Mention of the Richard Coleman Award for Exceptional Record of Service
to the Department of Psychology, CSUN, June 2006
- Member PSY CHI National Honor Society, 2006
- Member CSUN Honor Society for Personal Achievement, 2006
- National Chancellor's List Recipient, 2005 - 2006
- National Dean's List Recipient, 2004 - 2005
- CSUN Dean's List Recipient, 2005

Previous Affiliations

- California Association of Marriage and Family Therapists
- International Association for Counseling
- Forensic Mental Health Association of California
- American Psychological Association
- Western Psychology Association
- National Foundation for Autism Research
- American Autism Society, San Diego Chapter